



Helen E. Downing

April 12, 1954 - November 5, 2022

Helen Elizabeth Johnson Downing was born on April 12, 1954, to the late George and Helen Boulware Johnson. She transitioned from labor to reward and entered into her external rest on Saturday, November 05, 2022, at Crozer-Chester Medical center.

Helen attended the Chester-Upland School District, graduating with the class of 1973. Helen was joined in holy matrimony to Alustus (Les) Downing on March 07, 2003. They shared forty-two years of much love and happiness.

Helen worked as a food service worker at the following businesses: Fair Acres Geriatric center in Lima, Pa., Ramada Inn-Tinicum Township, Belvedere Nursing Home-Chester, Pa., and the Chartwell Food Service at Northley Middle School-Aston, PA., until her demise. She spent many years devoted to feeding others.

Affectionately known as “FIZZY” by family and friends, she was a “GIVER”, like her mother Helen, one could always get a meal. She enjoyed cooking and shopping, especially at Cowtown, Nj. But most of all she absolutely adored and enjoyed her grandchildren and they dearly loved and enjoyed her.

Helen was preceded in death by her parents: four brothers, Edward, William, Michael, and Samuel Johnson. Helen leaves to cherish her numerous fond memories, her husband, Alustus (Les) Downing, three brothers, George,

Charles, and Lawrence Johnson; one sister, Gertrude Johnson; two sons, Anthony (Loretta) and Mark Johnson; one uncle, William Johnson of Roxboro, North Carolina; two aunts, Celestine Staples and Peaches Goode of Delaware County, PA. Six grandchildren and two great-grandchildren; one special aunt Mrs. Barbara A. Starkey, affectionately known by Fizzy and her mother Helen as Minnie Gail and a host of nieces, nephews, cousins and other relatives and friends.

My time was well spent on this earth
God only knows what it was worth
So do not shed any tears for me
God saw my pain and he set me free.

Sorrowfully submitted,
The Family

Previous Events

Memorial Service

NOV **30**. 11:00 AM (ET)

St. Luke Community Christian Church
317 Central Avenue
Chester, PA 19013
(610) 876-5197

Tribute Wall



“ *Helen E. Downing*

October 07, 2023 at 11:34 AM



“ *Helen E. Downing*

October 04, 2023 at 12:55 PM



“ *Helen, a friend, was always there to cheer you up or make you laugh! Sweet as can be!*
Theresa



THERESA FALLON - November 21, 2022 at 11:38 AM



“ *From my first meeting of Mrs Helen she touch my heart and soul with her kindness and motherly attributes . She was so giving and captured all the qualities of my late mother .She was a true blessing to me and I'm so glad to have met her.Rest in Heavenly Peace Mrs. HelenLove Cortina*

Cortina Faust - November 19, 2022 at 01:42 PM

SJ

“ For over 30 years you have been THE BEST sister I could have ever dreamed for, your steadfast support, love, and genuine GOT YOUR BACK attitude helped me so many times. I am really trying to understand why, but my job is not to question, but to yield to his will. God knows how good you were to us all and I hope you knew how much my family loved you. Rest now my beautiful sister and know that your time with us will be cherished FOREVER! Love Ya To Pieces! Sharon, Dharius, Briah, Khaterah(Lucy), Brielle and Carter @STILLAJOHNSONNOWWHAT.COM

Sharon R. Johnson - November 19, 2022 at 11:52 AM

MT

“ Sending my Prayers and Condolences to the family. Fizzy you will truly be missed.

Marcy Thomas - November 18, 2022 at 09:13 PM

MJ

“ Mark Johnson lit a candle in memory of Helen E. Downing



Mark Johnson - November 18, 2022 at 08:17 PM

KE

“ I had great time working with Helen. She was such a nice person and she was always smiling and making someone laugh. I am going miss her a lot.



Kendall - November 18, 2022 at 06:16 PM

MJ

“ My mom was the best she was always happy an if you came to her house she would make sure you left happy, I will always be grateful for having her in my life forever in my heart an on my mind love your son Mark J.

Mark Johnson - November 18, 2022 at 04:45 PM

MJ

“ My mom was the best, she was always happy an she always made sure if you came yo her house she put a smile on your face, I will never forget you mom and you will always be in my heart an in my spirits. God gave me an angle an for that im truly grateful for having you an a mother.

Mark Johnson - November 18, 2022 at 02:57 PM

JP

“ My deepest sympathy to the Johnson and Dowling families. You are in my thoughts and prayers. I have many wonderful memories from the old Concord Avenue days.
Joyce Palm-Harris, Greensboro, NC

Joyce Palm/Harris - November 18, 2022 at 02:27 PM